

# DIVISION OF NATURAL SCIENCES

## SCHOOL OF SPORT AND EXERCISE SCIENCES

School Website: [www.kent.ac.uk/sportsciences/](http://www.kent.ac.uk/sportsciences/)

**Please refer to the online Module Catalogue for full details of all modules:**

[www.kent.ac.uk/courses/modules/](http://www.kent.ac.uk/courses/modules/)

Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your programme.

Students should check the Module Catalogue to see what prerequisites apply to each module. No Level 4 modules can be taken at Stage 3.

**Please select a link below to view the Stage 2 and 3 requirements for your programme:**

- [Sport and Exercise for Health](#)
- [Sport and Exercise for Health with a Year in Industry](#)
- [Sport and Exercise Management](#)
- [Sport and Exercise Science](#)
- [Sport and Exercise Science with a Year in Industry](#)
- [Sport Management](#)
- [Sports Therapy and Rehabilitation](#)

*The information contained herein is correct at the time of publication. Please note, however, that if a module recruits fewer than 8 students it is possible that it will not run. In this event, you will be contacted and asked to select an alternative module. **The University cannot guarantee whether all options will be available, or how they will be delivered, if Government Covid restrictions continue.***

**SPORT AND EXERCISE FOR HEALTH**

USEH0001Z1BS-F

SPORTEXHEALTH:BSC

**SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY**

USEH0001P2BS-F

SPORTEXHEALTH-S:BSC

**STAGE 2 - 120 credits**

*Students are advised to take 60 credits in each term but may study a minimum of 45 credits per term and up to a maximum of 75 credits per term.*

You must take the following compulsory modules (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5670	Sport and Exercise Promotion	30	Autumn & Spring	5	SS567
SPOR5920	Research Methods, Design & Planning	30	Autumn & Spring	5	SS592

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5	SS5001

PLUS 60 credits (at least 30 credits of which must be at level 5) from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR3510	Mechanisms of Sport Injuries	15	Autumn and Spring	4	SS351
SPOR3530**	Sport and Remedial Massage	15	Spring	4	SS353
SPOR5270	Exercise for Special Populations	15	Spring	5	SS527
SPOR5300	Sport & Exercise Leadership	15	Autumn	5	SS530
SPOR5330	Applied Nutrition for Sports Performance	15	Autumn	5	SS533
SPOR5340	Applied Sport and Exercise Physiology	30	Autumn & Spring	5	SS534
SPOR5690	Sport & Exercise Psychology	15	Spring	5	SS569

\*\* Prerequisite for module SPOR5580 in stage 3

**SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY**

USEH0001P2BS-F

SPORTEXHEALTH-S:BSC

**STAGE S - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5900*	Industrial Placement Portfolio	30	Yearlong	5	SS590
SPOR5910*+	Industrial Placement Experience	90	Yearlong	5	SS591

\* Module cannot be compensated or condoned

+ Module cannot be trailed

**SPORT AND EXERCISE FOR HEALTH**

USEH0001Z1BS-F

SPORTEXHEALTH:BSC

**SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY**

USEH0001P2BS-F

SPORTEXHEALTH-S:BSC

**STAGE 3 - 120 credits**

*Students are advised to take 60 credits in each term but may study a minimum of 45 credits per term and up to a maximum of 75 credits per term.*

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6	SS523
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6	SS566

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6	SS6001

PLUS 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6	SS546
SPOR5580**	Soft Tissue Techniques	15	Autumn	6	SS558
SPOR5650	Nutrition, Supplements and Ergogenic Aids in Sport and Exercise	15	Spring	6	SS565
SPOR5760	Specialised Issues in Sport and Exercise	15	Autumn	6	SS576
SPOR5790	Industry Placement	30	Autumn & Spring	6	SS579

\*\* Prerequisite for module SPOR5580 require SPOR3530 in stage 2.

**STAGE 3 - 120 credits**

*Students are advised to take 60 credits in each term but may study a minimum of 45 credits per term and up to a maximum of 75 credits per term.*

**You must take the following compulsory module (30 credits):**

<b>Compulsory modules:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>OFFICE USE ONLY</b>
<a href="#">SPOR5040</a>	Individual Research Study	30	Autumn & Spring	6	SS504

**PLUS the following extra-curricular compulsory module:**

<b>Compulsory module:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>OFFICE USE ONLY</b>
<a href="#">SPOR6001</a>	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6	SS6001

**PLUS 30 credits from the following modules:**

<b>Optional modules:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>OFFICE USE ONLY</b>
<a href="#">SPOR5030</a>	Sports Event Management	30	Autumn & Spring	6	SS503
<a href="#">SPOR5560</a>	Sports Industry Placement	30	Autumn & Spring	6	SS556
<a href="#">SPOR5790</a>	Industry Placement	30	Autumn & Spring	6	SS579

**PLUS 60 credits from the following modules:**

<b>Optional modules:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>OFFICE USE ONLY</b>
<a href="#">SPOR5230</a>	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6	SS523
<a href="#">SPOR5270</a>	Exercise for Special Populations	15	Spring	5	SS527
<a href="#">SPOR5330</a>	Applied Nutrition for Sports Performance	15	Autumn	5	SS533
<a href="#">SPOR5460</a>	Applied Sport & Exercise Psychology	15	Autumn	6	SS546

**SPORT AND EXERCISE SCIENCE****USES0001Z1BS-F**

SPORTEXSCI:BSC

**SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY****USES0001P2BS-F**

SPORTEXSCI-S:BSC

**STAGE 2 - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
<a href="#">SPOR5270</a>	Exercise for Special Populations	15	Spring	5	SS527
<a href="#">SPOR5330**</a>	Applied Nutrition for Sports Performance	15	Autumn	5	SS533
<a href="#">SPOR5340</a>	Applied Sport and Exercise Physiology	30	Autumn & Spring	5	SS534
<a href="#">SPOR5690</a>	Sport & Exercise Psychology	15	Spring	5	SS569
<a href="#">SPOR5770</a>	Biomechanical Analysis	15	Autumn	5	SS577
<a href="#">SPOR5920</a>	Research Methods Design and Planning	30	Autumn & Spring	5	SS592

\*\* Prerequisite for module SPOR5650 in stage 3

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
<a href="#">SPOR5001</a>	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5	SS5001

**SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY****USES0001P2BS-F**

SPORTEXSCI-S:BSC

**STAGE S - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
<a href="#">SPOR5900*</a>	Industrial Placement Portfolio	30	Yearlong	5	SS590
<a href="#">SPOR5910*+</a>	Industrial Placement Experience	90	Yearlong	5	SS591

\* Module cannot be compensated or condoned

+ Module cannot be trailed

**SPORT AND EXERCISE SCIENCE**

SPORTEXSCI:BSC

**USES0001Z1BS-F****SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY**

SPORTEXSCI-S:BSC

**USES0001P2BS-F****STAGE 3 - 120 credits**

*Students are advised to take 60 credits in each term but may study a minimum of 45 credits per term and up to a maximum of 75 credits per term.*

You must take the following compulsory module (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5660*	Research Study in Sport Sciences	45	Autumn & Spring	6	SS566
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6	SS523

\* Module cannot be compensated or condoned

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6	SS6001

PLUS 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5270	Exercise for Special Populations	15	Spring	5	SS527
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6	SS546
SPOR5640	High Performance Physiology	15	Autumn	6	SS564
SPOR5650**	Nutrition, Supplements and Ergogenic Aids in Sport and Exercise	15	Spring	6	SS565
SPOR5760	Specialised Issues in Sport and Exercise	15	Autumn	6	SS576
SPOR5790	Industry Placement	30	Autumn & Spring	6	SS579

\*\* Prerequisite for module SPOR 5330 at stage 2 for SPOR5650 in stage 3

**SPORT MANAGEMENT**  
SPORTMAN:BA

**USPM0001X2BA-F**

**STAGE 3 – 120 credits**

*Students are advised to take 60 credits in each term but may study a minimum of 45 credits per term and up to a maximum of 75 credits per term.*

**You must take the following compulsory module (60 credits):**

<b>Compulsory modules:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>OFFICE USE ONLY</b>
<a href="#">SPOR5780</a>	Event Management	30	Autumn & Spring	6	SS578
<a href="#">SPOR5790</a>	Industry Placement	30	Autumn & Spring	6	SS579

**PLUS the following extra-curricular compulsory module:**

<b>Compulsory module:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>OFFICE USE ONLY</b>
<a href="#">SPOR6001</a>	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6	SS6001

**PLUS 60 credits from the following optional modules:**

<b>Optional modules:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>OFFICE USE ONLY</b>
<a href="#">BUSN6130</a>	Entrepreneurship 1	15	Spring	6	CB613
<a href="#">BUSN6780</a>	Contemporary Management Challenges 1 & 2	15	Spring	6	CB678
<a href="#">BUSN7440</a>	Creativity and Innovation in Organisations 1	15	Autumn	5	CB744
<a href="#">SPOR5040</a>	Individual Research Study	30	Autumn & Spring	6	SS504
<a href="#">SPOR5230</a>	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6	SS523
<a href="#">SPOR5330</a>	Applied Nutrition for Sports Performance	15	Autumn	5	SS533
<a href="#">SPOR5460</a>	Applied Sport & Exercise Psychology	15	Autumn	6	SS546

**1 Only ONE of the KBS modules may be selected as an option**

**2 Pre-requisite BUSN3660 or BUSN3120**

**STAGE 2 - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5580*	Soft Tissue Techniques	15	Autumn	6	SS558
SPOR5800*	Principles of Rehabilitation	15	Autumn	5	SS580
SPOR5810*	Therapeutic Modalities for Rehabilitators	30	Autumn & Spring	5	SS581
SPOR5820*	Applied Rehabilitation	15	Spring	5	SS582
SPOR5830	Psychology for Sport and Exercise Rehabilitation	15	Spring	5	SS583
SPOR5920	Research Methods, Design and Planning	30	Autumn & Spring	5	SS592

\* Module cannot be compensated or condoned

**PLUS** the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5	SS5001

**STAGE 3 - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6	SS523
SPOR5580	Soft Tissue Techniques	15	Autumn	6	SS558
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6	SS566
SPOR5840	Advances in Rehabilitation	15	Spring	6	SS584
SPOR5850	Injury Prevention and Return to Play	15	Autumn	6	SS585

**PLUS** the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OFFICE USE ONLY
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6	SS6001